Aga Khan Health Services

Emergency Staff Safety - CoVID-19

Suggestions to help minimize risk to you and your loved ones

**Before Work**
- Remove watch and jewellery
- Wear clean scrubs into work
- Change of scrubs in washable bag
- Lunch in disposable bag
- No nail polish and ensure proper hand hygiene

**During Work**
- Sanitize phone, ID badge and glasses
- Sanitize work station stethoscope
- Hand hygiene before/after each patient and when touching new surfaces
- Sanitize lunch-room before eating
- No hand-shaking or high fives
- Wear appropriate PPE as directed

**After Work**
- Scrub in hospital laundry or washable bag. Wear clean clothing/scrubs home.
- Sanitize phone, ID badge, glasses and stethoscope
- Work shoes wiped down & left at work
- Shower at work or immediately at home
- Leave outside shoes in garage or outside front door
- Clothing / scrubs + bag in washer
- Focus on wellness activities at least 1hr/day

Caring For You